

# Theory of Ancient Shastra in Modern Science of Design

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## ABSTRACT

Vastu shastra is an ancient Indian science of architecture and buildings which helps in making a pleasant setting or a place to live and work in a most scientific way. Vastu shastra believes in elements and energy fields for enhanced wealth, health, prosperity and happiness. Vastu Shastra is a combination of astrology and astrophysics which deals with the management of cosmic energy in Building & Structures. The main role of this science is to ensure that these matters interact with each other in a positive, proportionate and harmonious manner. The essential ingredients that construct Vastu Shastra are aesthetic outlook and artistic views of things. The collaboration of vastu and interior designing gives new perspective thought designing and creation. It upgrades the knowledge of vastu vidya with designing concept.

Keywords: Vastu shastra, Vidya, Perspective, Astrophysics, Astrology and Harmonious.

### 1. INTRODUCTION

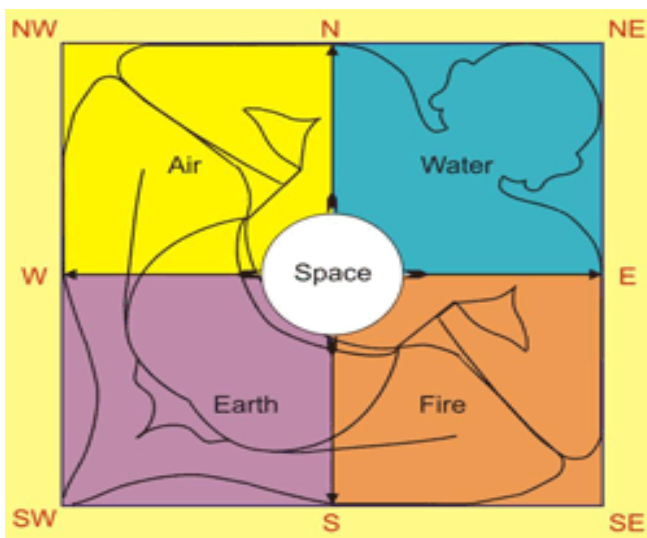
Thousands of years old Indian architecture science is "**Vastu Shastra**" which is a science of the converted space. In Sanskrit and the Latin languages there are many proofs that give a wide description about the rules and instructions how to build healthy houses.

There are 3 different energy level in our traditional vidya (vastu) such as

- **cosmic energies, mental:** Creativity, concentration ability, persuasiveness, harmony
- **global energies, emotional:** Health, emotions, interpersonal relationship
- **telluric energies, physical:** Stability, financial security, assertiveness

Vastu is the scientific study of directions, which aims at utilizing the natural energies. As a science, it extracts the positive energy from the natural elements of the universe - the panchbhootas, namely, earth, water, air, sun and sky.

#### Vastu Shastra based on the five elements



- **Fire/Sun:** Sun is one of the most important elements of nature. It is a major source of heat and light and therefore, holds a lot of implication in the Vastu study.
- **Air:** Air is the source of oxygen, acts as the life saver for human beings. Therefore, it is one of the powerful sources of vastu shastra.
- **Earth:** The gravitational force and magnetic effects of Earth shows a dynamic presence in vastu shastra.
- **Water:** Water is essential for the existence forms on the earth which is a biggest planet in universe. Water is one on sources of energy in the theories of vastu
- **Sky:** The sky consists of not just our solar system, but also the various galaxies that form a part of it.

"Vastu measured the interplay of various forces of nature involving the five elements and strives to maintain symmetry as these elements influence, guide and change the living styles of every living being on earth. Thus they influence our deeds, luck, behavior and other basics of life."

### 2. THE CONCEPTS OF MODERN DESIGN AND VASTU SHASTRA

According to ancient books Lord Brahma asked Vishwakarma to develop an architectural system that includes the five elements of vastu to create a well-designed system that organized the space within the body to cope up with their function relative to each other according to their usage. As the concept pass down to generation as of today this science has become more questionable.

Modern architecture mainly focuses on economy & lifestyle and less on psychological need of individual consist in building. It's hard to understand the implication of such an ancient subject in modern construction with the end result of many people ignoring vastu while buying new home. It's also having doubt on applicability in the current economic layout and environment. Modern architecture and vastu both deal

with the four types of spaces as according to the ancient followers:-

- Space with in human form
- Constructed space
- Terrestrial space
- Cosmic space

Both forms believe that by achieving harmony between these spaces and creating a nature in the built up space that reflect the quality of the formation. Vastu shastra and the modern planning concept design to build spaces on the bases of direction and the energy drives in them. Vastu shastra worked on eight directions after analyzing the four coordinated direction and four angular directions.

These directions are rooted with the help of vastu cumpas also known as magnetic cumpas. In vastu each direction stand for its own energy and represent its god and activities whereas in modern architecture design concept believes in magnetic energy flows that affect human bodies in positive and negative way.

As said by Architect Bharat Gandhi “Vastu shastra has fascinated some and irritated other but it has intrigued everybody”

The science of planning and designing has its own views and principles all over the world and history. The aim of these studies to guide or create a better environment for living and creating harmony with nature and energies which is favorable to individuals and make life happier and prosperous.

### **3. REFERENCES**

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